

Psalms Reading Plan

November - December 2023

We began our 2023 Bible Reading Plan with the Book of Psalms and now before entering into the season of Advent, we are coming back to the words of the Psalmist to guide our reflections and meditations. Just as before, as you go through the psalm for each day, spend some time meditating and “chewing” on it. Read the passage out loud and see what sticks. Bring that verse/ sentence/ word with you for the rest of the day. Invite the Spirit of God to illuminate and give insight into that word. For some of us who might not be too sure what to look for while reading, below are some pointers to guide your readings.

- Who is God? How does the Psalmist describe God?
- Read the psalm out loud a few times. Get a sense of the emotions and feelings of the author.
- Take one verse and incorporate it into your prayer.

What are the Psalms (2.0)?

The Book of Psalms is a collection of 150 poems written and composed by various authors across the time of the Old Testament. These poems were soon incorporated into the worship and prayer of the community and thus played an important role in shaping and teaching the congregation about God. As such, Bruce Waltke, an Old Testament scholar, once gave the Psalms the title of “the miniature Bible of the laity”.

But what makes this book stand out from the others is that instead of being words FROM God, they are our words TO God. Each Psalm can be read as a prayer where the psalmist brings all sorts of experiences to God through praise and thanksgiving, through crying out and uttering their deep pain and disappointment, or even through a plea of deliverance. The Psalms then become a fitting candidate as our prayer mentor, helping us grow and develop ways we can pray to God.

For this month, as you go through the Psalms, I want to encourage you to take some time each day to get in the habit of praising God. After each day’s reading and reflection, begin your prayer with the following sentence: “Lord, I praise you for _____”. Afterwards, write whatever you praised God for down under the column “Praise God for...” as a way of recording and building up our prayer vocabularies.

Additional Resources:

- Bible Project: “How to read the Bible: The Book of Psalms”



Date	Reading	Read?	Praise God for...
Wisdom: The Way of God			
Psalms: Book II (cont)			
11/1	Psalm 60		
11/2	Psalm 61		
11/3	Psalm 62		
11/4	Psalm 63		
11/5	Psalm 64		
11/6	Psalm 65		
11/7	Psalm 66		
11/8	Psalm 67		
11/9	Psalm 68		
11/10	Psalm 69		
11/11	Psalm 70		
11/12	Psalm 71		
11/13	Psalm 72		
Psalms: Book III			
11/14	Psalm 73		
11/15	Psalm 74		
11/16	Psalm 75		
11/17	Psalm 76		
11/18	Psalm 77		
11/19	Psalm 78		
11/20	Psalm 79		
11/21	Psalm 80		
11/22	Psalm 81		
11/23	Psalm 82		
11/24	Psalm 83		
11/25	Psalm 84		
11/26	Psalm 85		
11/27	Psalm 86		
11/28	Psalm 87		
11/29	Psalm 88		
11/30	Psalm 89		
12/1	Psalm 90		
12/2	Psalm 91		