

Psalms Reading Plan

July - August 2024

As we enter the summer months, we are returning to the Book of Psalms and finishing it as part of our reading plan. We will let the Psalms be our travel companion as we go on vacations, enjoy the summer days, and try to squeeze in some rest (or busily occupy our kids with summer activities). May you find rest in the words of the Psalmist as you read and meditate on each Psalm in the coming two months. As before, here are some pointers to guide your readings.

- Who is God? What are the words/ metaphors that the Psalmist uses to describe God?
- Read the psalm out loud a few times. Get a sense of the emotions and feelings of the author.
- Take one verse and incorporate it into your prayer.

What are the Psalms (3.0)?

The Book of Psalms, as mentioned before, is a collection of 150 poems written and composed by various authors throughout the history of the Israelites. These poems were collected and arranged into 5 books, with each psalm capturing a particular facet of life on earth. Things aren't always smooth and bright. Life is complicated and is full of challenges. As you read through the Psalm, you soon realize that the Psalmists are real people. They do not pretend all is well. They express their true emotions of fear, anger, frustration, despair, and even helplessness to God. They never shy away from the difficulties of life. At the same time, you would also notice that even the Psalms that begin with utter frustration and hopelessness end with a note of praise. The Psalmist and the people of God are certain that though the world is broken and things might feel like a mess, the truth remains true. God remains just, sovereign and good. He is the same yesterday, today and tomorrow. And because of that, we can praise, and indeed, we SHOULD praise. For He is good, His love endures forever.

Date	Reading	Read?
Wisdom: The Way of God		
Psalms: Book IV (cont.)		
7/1	Psalm 92	
7/2	Psalm 93	
7/3	Psalm 94	
7/4	Psalm 95	
7/5	Psalm 96	
7/6	Psalm 97	
7/7	Psalm 98	
7/8	Psalm 99	
7/9	Psalm 100	
7/10	Psalm 101	
7/11	Psalm 102	
7/12	Psalm 103	
7/13	Psalm 104	
7/14	Psalm 105	
7/15	Psalm 106	
Psalms: Book V		
7/16	Psalm 107	
7/17	Psalm 108	
7/18	Psalm 109	
7/19	Psalm 110	
7/20	Psalm 111	
7/21	Psalm 112	
7/22	Psalm 113	
7/23	Psalm 114	
7/24	Psalm 115	
7/25	Psalm 116	
7/26	Psalm 117	
7/27	Psalm 118	
7/28	Psalm 119:1-40	
7/29	Psalm 119:41-80	
7/30	Psalm 119:81-120	
7/31	Psalm 119:121-176	

8/1	Psalm 120	
8/2	Psalm 121	
8/3	Psalm 122	
8/4	Psalm 123	
8/5	Psalm 124	
8/6	Psalm 125	
8/7	Psalm 126	
8/8	Psalm 127	
8/9	Psalm 128	
8/10	Psalm 129	
8/11	Psalm 130	
8/12	Psalm 131	
8/13	Psalm 132	
8/14	Psalm 133	
8/15	Psalm 134	
8/16	Psalm 135	
8/17	Psalm 136	
8/18	Psalm 137	
8/19	Psalm 138	
8/20	Psalm 139	
8/21	Psalm 140	
8/22	Psalm 141	
8/23	Psalm 142	
8/24	Psalm 143	
8/25	Psalm 144	
8/26	Psalm 145	
8/27	Psalm 146	
8/28	Psalm 147	
8/29	Psalm 148	
8/30	Psalm 149	
8/31	Psalm 150	